

A Journey of Hope, Healing & Inspiration with Speaker Herb Knoll



*Founder of the Widowers Support Network,
and author of The Widower's Journey*

Saturday, November 2nd—All Souls' Day

9am to 11:30am in the social hall

Cost is \$10 per participant, includes refreshments

RSVP by calling the parish office at 407-422-2005

Come to this workshop and learn how to cope with, and move through grief. Recommended for widows, widowers, or those who have lost a significant relationship through divorce or an unwanted breakup. Also ideal for family members who hope to comfort others who have experienced a loss, or are caring for those who have Alzheimer's or dementia.